

Bessa E-Science

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- OBJECTIVE** Employment as Physical Therapist Assistant
- EDUCATION** B.S. Exercise Science Expected May 2006
Physical Therapist Assistant Certification December 2005
University of Evansville Evansville, IN **GPA 3.63**
- Clinicals/
Internship*
- Local Hospital Cardiac Rehab** Evansville, IN May 2005-Present
• Supervised Phase II and III Cardiac Rehab and became proficient in taking BP during exercise
- Get Busy! Personal Fitness** Evansville, IN Aug-Nov 2004
• Examined a variety of exercise principles with emphasis upon periodization and strength training
- Little Sisters of St Francis Hospital** Beech Grove, IN Feb-Apr 2004
• Rehabilitated a diverse group of patients within the acute care setting including those within the ICU, cardiac unit, oncology unit, and center for joint replacement
- Hoosier Rehabilitation Units of Indiana** Indianapolis, IN Jan-Feb 2004
• Guided treatment of TBI, SCI, CVA, and orthopedic patients within acute neuro rehab setting while serving on the TBI specialty team
• Supervised two group-therapy classes daily as well as a maternity aquatics class
- Union State Hospital OP Sports Medicine** Terre Haute, IN Summer 2004
• Demonstrated proficiency treating individuals who had an array of impairments including low back pain; neck pain; and knee, hip, and rotator cuff repair surgeries
- Projects*
- Designed and executed exercise prescription for two individuals while performing as their personal trainer for one semester
 - Investigated the affects of technique training in reference to weight lifting with the use of motion analysis equipment
- LEADERSHIP**
- Residence Life** University of Evansville
Resident Assistant, Schroeder, Morton & Hughes Halls May 2004-Present
• **Awarded RA of the Month, Program of the Month and promoted to RA Trainer for 2005**
• Planned, researched, publicized, and encouraged intra-hall programming to foster community and personal development among residents
• Counseled female students with issues including health, wellness and interpersonal relationships
- Physical Therapy Club** University of Evansville
EXECUTIVE BOARD PTA REPRESENTATIVE 2001-2003
• Represented PTA class, assisted in therapeutic massage fund-raisers, and coordinated lecture for PT students on the benefits of APTA membership
- InterAction Christian Fellowship** University of Evansville
LEADERSHIP TEAM MEMBER & BIBLE STUDY LEADER 2000-present
• Directed missions activities and bible studies for 30+ members within Evansville community
- Student Activities Board** University of Evansville
FRESHMAN AT-LARGE, SPECIAL EVENTS CHAIR 2000-2002
• Represented freshman class at UE on organization's executive board and at NACA conference
• Directed committee that scheduled, executed, and promoted campus-wide engagements
- HEALTHCARE EXPERIENCE** **THERAPY AIDE Greencastle Physical Therapy** Greencastle, IN Summers 2003-2004
• Supervised *Fit for Life* program, maintained cleanliness of facility, and performed closing duties
• Performed client initial evaluations, completed the intake process and made recommendations