

Career Services and Cooperative Education Programming Menu

Topic: Social Interaction and Networking

Objective:

This program is intended to provide you with information about the etiquette and processes to begin a network of professional contacts in and out of your field and how to act in professionally social settings. At the conclusion of this program it is intended for the audience to be able to recognize potential networking situations and to feel much more comfortable when entering those situations.

Description:

This program is often started with a discussion of the various events that take place on and off campus that would make for great networking situations. The emphasis will then be placed on how to act in each of those situations and what preparation needs to happen beforehand. A big piece to networking is the development of a 30-second oral resume. The 30-second oral resume will be explained and then practiced in an easy, low-stress environment. This program will also cover how to go about creating your own networking situation in the form of an informational interview. Lastly the program will end with an overview of formal dining etiquette and an outline of professional dress and what to wear to networking events.