ACEBUDDIES

About AceBuddies

AceBuddies is a group fitness program for individuals with disabilities and does not require a physician referral. We strive to improve the participants' self-efficacy and confidence through exercise with a trusted Doctor of Physical Therapy (DPT) student under the supervision of a licensed physical therapist.

What Do We Offer?

Buddies are paired individually with coaches (student volunteers) to participate in exercises and games, in both individual and group settings. Sessions take place on selected Saturday mornings during the fall and spring. Coaches work to create fun exercises that can be adapted to each participant specific to their needs and interests.

Contact Us

Email: AceBuddies@evansville.edu

Register Online: Complete the registration form at evansville.edu/AceBuddies

Ace+PT · ACEricise · AceBuddies

AceCARE
COMMUNITY ACTION THROUGH REHABILITATION AND EDUCATION

Saturdays
October 14 - November 18
10:00 - 11:00 a.m.

Free exercise program run by licensed and student physical therapists at the University of Evansville

University of Evansville