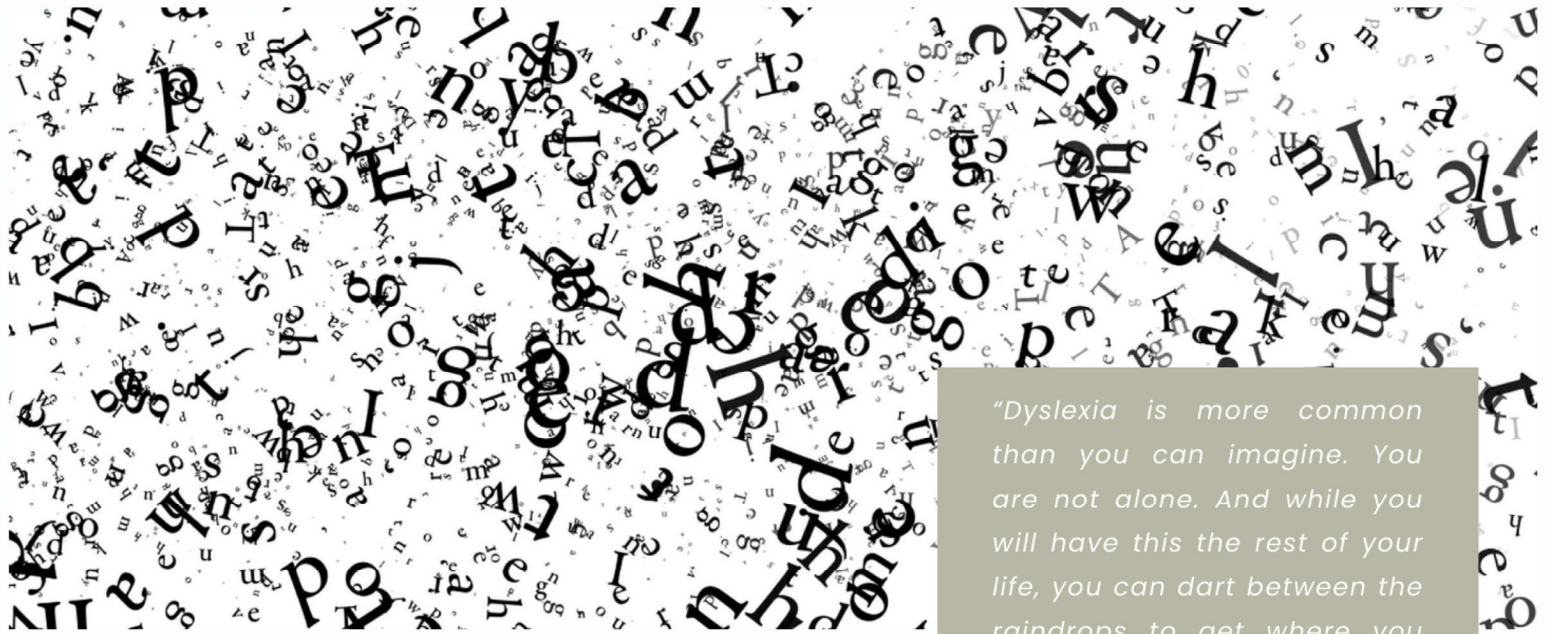


DYSLEXIA AWARENESS MONTH



Stats and Facts

- Dyslexia is often just a way of life for people and is not something that is "outgrown", but rather managed with the right support.
- People with dyslexia often have strengths in critical thinking, creativity, and communication skills.
- Dyslexia affects between 10-20% of the population (approximately 1 in 5 people).
- Most people with dyslexia have an average or above-average intelligence.
- A few techniques that patients with dyslexia can use when they become stressed or anxious include deep breathing, validating what they are seeing/feeling, and meditation techniques.

"Dyslexia is more common than you can imagine. You are not alone. And while you will have this the rest of your life, you can dart between the raindrops to get where you want to go, and it will not hold you back."

Steven Spielberg



Dseiyxa

A feindr who has dyslexia dserbeid to me how she enrxxpeeles reidnag. She can read, but it taeks a lot of coontrnacrein, and the letters semes to "jump anurod".

I rmeemebd reidang about tgyppolmeica. Wuldon't it be plisboe to do it invicteatly on a wseitbe with Jaricsvapt? Sure it would.

Feel like mkaing a brkiaeakmot of this or stmnoeihg? Fork it on ghutib.

Dyilexsa is czaheatrircod by dcfiulty wih lrnnaeig to raed ftually and wih aacurtce ceoopismrenhn desitpe noarmil itegilennce. Tihc iclnueds dcfiifiuly wih ploccogaiohnl asarenwes, pioaglnchool didnoecg, poiscnesrg seped, ohtopirhgrac cdonig, atiodruy sohrt-trem moemry, lgguaane sikils/vebarl csihrpmneoon, and/or rpaid nmiang.

Doeanetpvmil rdeang drdeosir (DRD) is the most comorn lnnreiaq dbsitaily. Desixyla is the msot rznecogeid of rednag derosirds, hewewor not all rndiaeg dsoredris are inekid to deyxlsa.

Some see dliysxea as dnistict form reidang dfliteicufs rsuinletg form oethr causes, such as a non-nrglocoaiuel dneccleily wih volisn or hrenaig, or poor or inuataedqe renidag isirtnuoon. There are terhe poorepsd cvtnioge spbtueys of dxilysea (atudoriy, viuasl and anteritatoi), aoloughth iivudndal caess of dliyxesa are beetrh enlxpeiad by sieicpfc unirdnlyeg neolghocpuciyrsal dteicfs and co-ounircrg lrenniag diabieltiss (e.g. ainetotn-dieict/htyetciavripy ddsireor, mtah daibilstiy, etc.). Ahloguth it is cdroinseed to be a reecivpte lagagune-baesd lnaeingr ditslbiaiy in the rsraech lnrutaete, dxelsiya aslo affctcs one's erpxvsseie lnuagage sikils. Rersheeaers at MIT fonud taht poelpe wih dsleyxa ehlibxed lirempad vicee-rgtooicrien atleibis.

Peulbshd
03 Mrach 2016
Tags

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Mindfulness Challenge

Be patient when working with those with dyslexia regarding comprehension, spelling, and writing.

To the left is an example of how a person with dyslexia may read something.

Do your best to understand the passage! Remember, this is just one example of how people with dyslexia may experience the world.